

July 2021 Breakfast and Lunch Menu

All meals include a choice of either chocolate or white skim milk or 1% white milk.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cereal with Toast Craisins Diced Pears ***** Hot Dog with Bun Carrots Orange Strawberry Apple Chips	2 Pizza Bagel Orange Fruit Cocktail ***** Turkey Ham Sandwich Veggie Sticks with Dip Edamame, Fruit Slushy Sliced Peaches
5 Independence Day Holiday	6 Cereal with Toast Strawberry Apple Chips Fruit Cocktail ***** Incredible Burger Wedge Fries, Veggie Sticks Fruit Slushy Diced Pears	7 Ham Links Steamed Rice, Apple Pineapple Chunks ***** Chicken Patty with Gravy Steamed Rice, Baked Beans Veggies, Sliced Peaches 100% Fruit Juice	8 Cereal with Toast Sliced Peaches 100% Fruit Juice ***** Tuna Sandwich Veggie Sticks with Dip Fruit Slushy Pineapple Chunks	9 Chicken Sausage Patty Steamed Rice Orange, Applesauce ***** Vegetarian Chili Steamed Rice, Roll Romaine Salad, Carrot Sticks Apple, Fruit Cocktail
12 Portuguese Sausage Steamed Rice, Apple Pineapple Chunks ***** Cheese Bites Rainbow Salad Carrots, Apple Diced Pears	13 Breakfast Chicken Patty Steamed Rice, Craisins Fruit Cocktail ***** Fish Sandwich Veggie Sticks with Dip Fruit Slushy Pineapple Chunks	14 Pancakes with Syrup Orange Diced Pears ***** Tasty Tenders Steamed Rice, Baked Beans Broccoli, Carrots, Corn Orange, Applesauce	15 Cereal with Toast Sliced Peaches 100% Fruit Juice ***** Chicken Sandwich Rainbow Salad Edamame, Fruit Slushy Fruit Cocktail	16 Pork Links Steamed Rice, Orange Applesauce ***** Popcorn Chicken Steamed Rice, Corn, Carrots Sliced Peaches 100% Fruit Juice
19 Cinnamon Raisin Bagel Cream Cheese Apple, Sliced Peaches ***** Pepperoni Pizza Romaine Salad Baby Carrots, Apple Pineapple Chunks	20	21	22	23
26	27	28	29	30

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."

Menu is subject to
change without notice.